

Department of Health Science Admission Policy

We seek motivated people who understand the educational goals and academic requirements of Showa Women's University. Applicants should have a strong interest in food, beauty, and physical education centered on health and nutrition and should have a strong desire to contribute to society using their knowledge of these fields. We accept people who can succeed in the course of study offered by this department. We therefore recruit applicants through various and comprehensive entrance methods.

(1) Recommended field of study and subjects to learn before entrance

- Foreign Language: The student should have the skills of “speaking,” “listening,” “writing,” and “reading” and be able to utilize it.
- Language Arts: The student should be able to speak, read, write, and comprehend the language.
- Science: The student should acquire basic knowledge of chemistry and biology, and be able to apply that knowledge.
- Health and Physical Education: The student should understand how to improve health, including her own health.
- Home Economics: The student should understand the relationship between daily life and society.

Note: Since specialized fields relate to one another, we recommend that you study a wide range of subjects.

(2) Learning habits to have before entrance

- Mastering basic knowledge so that you can proceed to more specialized study.
- Having the ability to communicate with people from various cultures and social backgrounds.
- Having an interest in current issues related to food, nutrition, and health.
- Striving to express one's opinions and thoughts logically in writing.